

# AREALLY BUMping spaces for social connection



# Social Connection

How do we create social connection?

Some have suggested that, to build our social connections, we seek out people who share similar characteristics to us.

The Centre for Social Impact has shown that the best conditions for making connections are where connection is a byproduct, not the focus, of activities. Working with social enterprises, we've seen that connection occurs where there is space and time to test out people's shared characteristics and build trust:

- problem solving activities where people need to allocate tasks, negotiate and even debate
- pairing up the experienced who have something to teach, with those who are keen to learn
- 'bumping spaces' where people work closely with each other, literally bumping into one another prompting chat and laughter

FROM WHITE PAPER TITLED: LONELINESS, SOCIAL CONNECTION AND COVID-19 Authors: Professor Jane Farmer, Tracy De Cotta, Jasmine Knox, Viktoria Adler 2020



"

The energy that exists between people when they feel seen, heard, and valued: when they can give and receive without judgement: and when they derive sustenance and strength from the relationship.

- Brene Brown -



# A REALLY BIG LIST







1st - 31st July	Dry July	*	
3rd July	Compliment your mirror day		
7th July	World Chocolate Day		
7th - 14th July	NAIDOC Week	7	
10th July	Teddy Bear Picnic Day		
14th - 20 July	National Diabetes Week		
15th July	Give Something Away Day		
18th July	Nelson Mandela Day		
19th July	National Pyjama Day		
21st July	National Lamington Day		
22nd July	National Pain Week		
23rd July	Vanilla Icecream Day		
24th July	Stress Down Day		
30th July	Eid ul Adha		
30th July	International Day of Friendship	*	













## A REALLY BIG LIST

Official Day

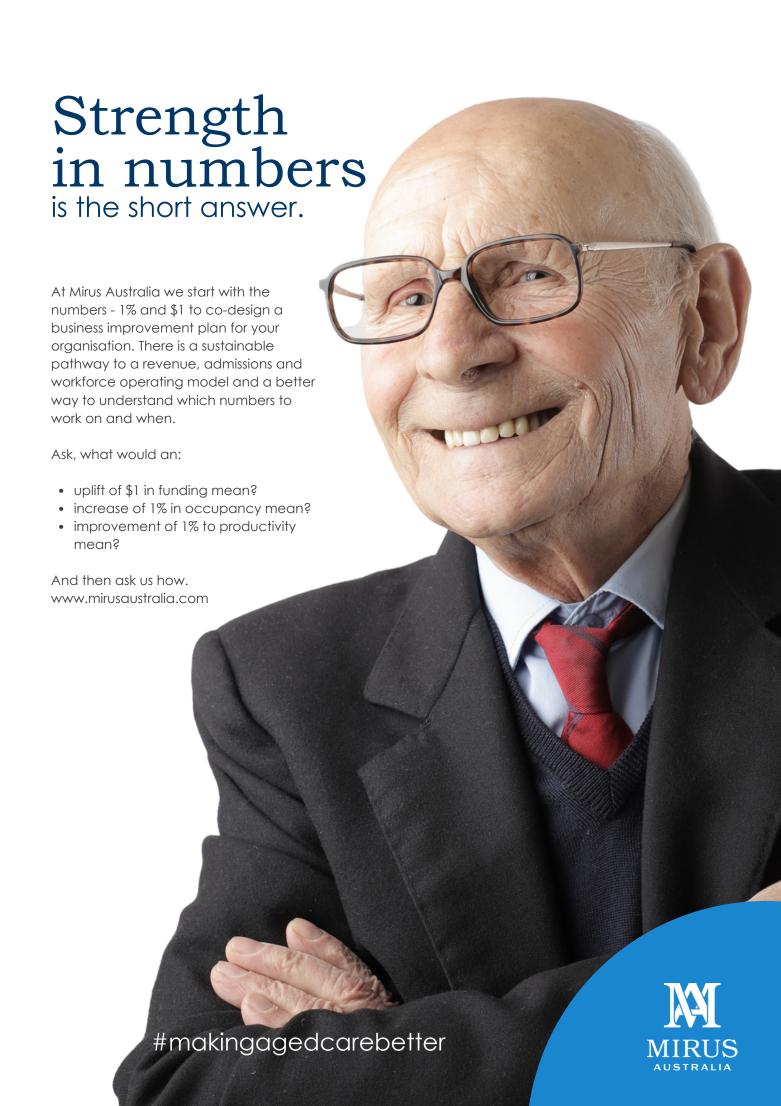


2nd - 8th August	International Assistance Dog Week	
3rd August	NSW Bank Holiday	
3rd August	NT Picnic Day	
3rd - 9th August	Dental Health Week	
8th August	International Cat Day	
8th August	Dying to Know Day	
12th August	QLD Royal National Agricultural Show	
13th August	International Left Hand Day	
14th August	Red Nose Day	
16th August	Tell a Joke Day	
17th - 23rd August	National Wound Awareness Week	
20th August	Islamic New Year	
28th August	Bow Tie Day	
28th August	Daffodils Day	

## A REALLY BIG LIST

Official Day

31st - 7th September	National Stroke Week		
1st - 30th September	World Coconut Day		
1st - 7th September	International CharityDay		
2nd September	Fathers Day	*	
5th September	R U OK Day	*	
6th September	International Country Music Day		
7th - 11th September	Jewish New Year	*	
10th September	Talk like a Pirate day		
17th September	Jeans for Genes Day		
19th September	International Day of Peace		
19th September	World Alzheimer's Day		
20th September	Yom Kippur (Jewish)	*	
20th September	Queens Birthday (WA)	*	
September	Alzheimer's Month	*	



## A REALLY BIG LIST

Official Day

1st - 31st October	Breast Cancer Awareness Month
1st October	World Coffee Day
1st October	International Day of the Older Person
1st October	World Vegetarian Day
2nd October	World Smile Day
3rd October	Sukkot (Jewish)
4th October	Daylight Savings
5th October	WA Queens Birthday
5th October	May Day / Labour Day (ACT,SW,SA)
10th October	World Mental Health Day
10th October	World Porridge Day
15th October	Global Hand Washing Day
16th October	World Food Day
20th October	World Osteoporosis Day
31st October	Halloween



## A REALLY BIG LIST

Official Day

1st - 30th November	Movember	*	
1st November	Tasmania Recreation Day	*	
1st November	World Vegan Day		
3rd November	Melbourne Cup	1	
10th November	Sesame Street Day		
11th November	Remembrance Day	*	
13th November	World Kindness Day		
14th November	Diwali/Deepavali (Hindu)		
14th November	World Diabetes Day		
16th November	International Day of Tolerance		
21st November	World Television Day		
21st November	World Hello Day		

## A REALLY BIG LIST

Official Day

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1st December	World AIDS Day	
3rd December	International People with Disability Day	
4th December	World Cookie Day	
5th December	World Ninja Day	
8th December	Feast of Immaculate Conception	
11th - 18th December	Hannukah	
10th December	Human Rights Day	
21st December	Carols in the Domain	
24th December	Christmas Eve	
25th December	Christmas Day	
26th December	Boxing Day (Not SA)	
28th December	Boxing Day (SA)	
31st December	New Years Eve	

-Bring on 2021!



## This Really Big List has been brought to you by Beyond Digital @ Mirus Australia



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